

Supplement 06

Domestic Violence Safety Plan

1. Danger Assessment for Domestic Violence Victims

- Help domestic violence victims recognize danger.
- Help a victim develop a safety plan for herself and her children.
- If she wants to go to law enforcement, aid her in these efforts.

VICTIMS ARE ENCOURAGED TO WORK WITH EXPERTS EVEN IF THE EXPERTS AREN'T BELIEVERS. THESE "PERSONS OF PEACE" CAN BE ASSETS, JUST LIKE THE NON-BELIEVERS IN FOREIGN COUNTRIES WHO WORK ALONGSIDE MISSIONARIES (Hambrick, 28).

- Local Law Enforcement: _____
- District Attorney's Office: _____
- Abuse advocacy Organizations: _____

FOLLOW THE ACRONYM "DANGEROUS" TO ASSESS FOR COMMON RISK FACTORS OF VIOLENCE IN YOUR LIFE. The following are nine indicators that increase your risk of danger. Check all that apply.

- **D**ivorce or Separation
- **A**lcohol or Drug Use
- **N**arcissistic tendencies or disordered personality of the abuser
- **G**uns or weapons in the home.
- **E**ntitled attitudes and behaviors
- **R**ebellious—history of being unwilling to obey authority figures
- **O**ther history of violent behavior
- **U**nstable mental health history
- **S**uicidal or homicidal threats history

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Important Phone Numbers:

Alabama Domestic Violence Hotline: 800-650-6522

Local Police -

Local Shelter -

Work -

Work supervisor -

Doctor -

Attorney -

Resources for Developing a Domestic Violence Safety Plan:

www.alabamalegalhelp.org

www.thehotline.org

www.dhr.alabama.gov

www.alabamapublichealth.gov